

## **TECHNICAL AND HEALTH STANDARDS FOR Certified Nursing Assistant**

Every student must possess the physical, mental, and emotional capabilities required to successfully complete the Certified Nursing Assistant program and gain employment in the field. The prospective student must be capable of meeting technical and health standards listed below:

### **Technical Standards**

- Possess physical skills sufficient to move from room to room and maneuver in small spaces.
- Possess the ability to lift and carry up to 30 pounds on a weekly or daily basis.
- Possess gross and fine motor skills sufficient to provide safe and effective care.
- Possess auditory skills sufficient to monitor and observe health needs.
- Possess sufficient eye/hand coordination skills related to reading charts and using medical supplies and instruments.
- Be able to use senses (vision, hearing, smell, and touch) to recognize changes in patient conditions and needs.
- Be able to perform EKG procedures and vital signs for all patients according to established standards.
- Be able to prepare injections and perform venipunctures and CPR.

### **Health Standards**

The prospective Certified Nursing Assistant student must be able to consistently demonstrate emotional, mental, and physical health in order to:

- Meet the demands of the position including handling stressful situations related to technical and procedural standards and patient care situations.
- Exhibit social skills necessary to interact effectively and respectfully with patients, families, supervisors, and coworkers of the same or different cultures.
- Maintain composure while managing multiple tasks simultaneously.
- Maintain personal hygiene consistent with close personal contact associated with patient care.